

Ah'sher YahTzahr Blessing

(Prayer After Using Bathroom)

King of מֶלֶךְ MehLehch	Our God אֱלֹהֵינוּ Eh'lohHayNoo	Hashem יְי Ah'dohNai	Are You אַתָּה AhTah	Blessed בָּרוּךְ BahRooch			
The man הָאָדָם HahAhDahm	--- אֵת Eht	Created יָצַר YahTzahr	Who אֲשֶׁר Ah'sher	The universe, הָעוֹלָם, HahOhLahm,			
Openings, נְקָבִים, N'kahVeem,	Openings נְקָבִים N'kahVeem	In Him בוֹ Voh	And created וּבָרָא OohVahRah	In wisdom, בְּחָכְמָה, B'chochMah,			
In front of לְפָנַי LeefNay	And known וַיִּדְוֶעַ V'yahDooAh	It is revealed גָּלוּי GahLooih	Hollows. חֲלוּלִים. Chah'looLeem.	Hollows חֲלוּלִים Chah'looLeem			
One אֶחָד EhChahd	Will be opened יִפְתָּח YeePahTehAhch	That if שָׂאם ShehEem	Your glory, כְּבוֹדְךָ, Ch'vohDehChah,	Throne of כִּסֵּא CheeSeh			
It's not אֵי Ee	From them מֵהֶם MehHehm	One אֶחָד EhChahd	Will be clogged אוֹ יִסְתָּם YeeSahTehm	Or From (of) them אוֹ מֵהֶם Oh MehHehm			
Before You. לְפָנֶיךָ. L'fahNehChah.	And to stand וְלָעֲמוֹד V'lahAh'mohd	To exist לְהִתְקִים L'heetKahYehm	Possible אֲפֹשֶׁר EhfShahr				
Nusach Sefard:							
<table border="1"> <tr> <td>One. אֶחָת. EhChaht.</td> <td>An hour שָׁעָה ShahAh</td> <td>Even for אֲפִילוֹ Ah'feeLoo</td> </tr> </table>					One. אֶחָת. EhChaht.	An hour שָׁעָה ShahAh	Even for אֲפִילוֹ Ah'feeLoo
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To do (He does). לַעֲשׂוֹת. LahAh'soht.	And wonders וּמַפְלִיא OohMahfLee	Flesh בָּשָׂר BahSahr	All כָּל Chohl	Who heals רוֹפֵא RohFeh			

MohDeh Ah'nee Prayer

Start here

And enduring וְקָיָם, V'kahYahm,	Living חַי Chai	King מֶלֶךְ MehLehch	Before You לְפָנֶיךָ, L'fahNehChah,	I אֲנִי Ah'nee	Thank (f) מוֹדָה MohDah (f)	Thank (m) מוֹדָה MohDeh (m)
Is Your faithfulness. אֱמוּנָתְךָ. Eh'mooNahTehChah.	Great רַבָּה RahBah	In mercy; בְּחַמְלָה; B'chehmLah;	My soul נַשְׁמָתִי NeeshMahTee	In me בִּי Bee	That You returned שָׁחַרְתָּ ShehHehCheh'zahrTah	



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N'teeLaht YahDahYeem

This Blessing is said after washing the hands upon awakening from a deep sleep, and after washing the hands before eating bread.

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In His commandments בְּמִצְוֹתָיו B'metzVohTahv		Sanctified us קִדְּשָׁנוּ KeeD'shahNoo	Who אֲשֶׁר Ah'sher	The universe, הָעוֹלָם, HahOhLahm,
Hands. יָדַיִם. YahDahYeem.	Taking of (washing) נְטִילַת N'teeLaht	On עַל Ahl	And commanded us וְצִוָּנוּ V'tzeeVahNoo	